

A difficult life is not less

A difficult life is not less
worth living than a gentle one.
Joy is simply easier to carry
than sorrow, and your heart
could lift a city from how long
you've spent holding what's been
nearly impossible to hold.

This world needs those
who know how to do that.
Those who could find a tunnel
that has no light at the end of it,
and hold it up like a telescope
to know the darkness
also contains truths that could
bring the light to its knees.

Grief astronomer, adjust the lens,
look close, tell us what you see.

~ Andrea Gibson